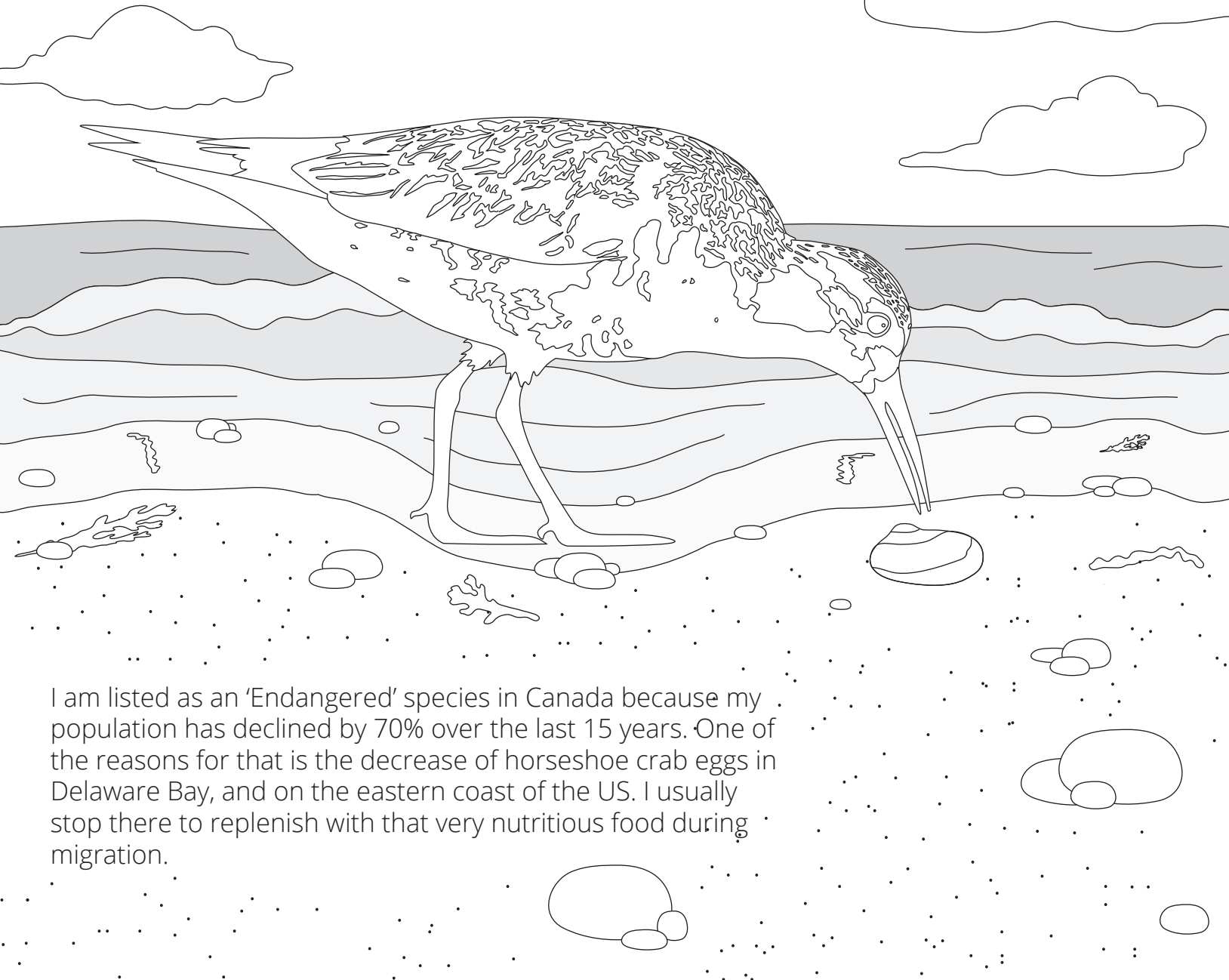


# Hi! I'm a Red Knot!

I'm a medium-sized shorebird bird (about 25 cm tall). Like all shorebirds, my legs and bill are pretty long, it allows me to pick small clams or insects in the sand, in the mud, or in shallow waters along the shoreline. In early summer, during breeding season, you will notice my bright reddish terracotta colour on the face, neck, chest, and belly.



My species is known to travel long distances every year. We breed in the Arctic and spend the winter around Tierra del Fuego, at the southern tip of South America, so we travel about 15,000 km twice a year! I usually stop in James Bay during migration. Boatswain Bay, which is located about halfway between Waskaganish and Eastmain, is good place to see me in the region.



I am listed as an 'Endangered' species in Canada because my population has declined by 70% over the last 15 years. One of the reasons for that is the decrease of horseshoe crab eggs in Delaware Bay, and on the eastern coast of the US. I usually stop there to replenish with that very nutritious food during migration.



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**ALIGN ILLUSTRATION**

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